

Jeffrey N. Hamlin, D.M.D., P.C.

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**Implant/ Bone Graft
Postoperative Instructions**

- 1) Sutures that are purple may dissolve in 3-4 weeks or may be scheduled for removal by Dr. Hamlin, those which are tan colored may dissolve in 7-14 days. If sutures fall apart or come untied after 24-48 hours this is fine. After 2 weeks if you would like your sutures removed we will be glad to remove those for you.
- 2) Continue a soft diet for approximately one week. Use the other side of your mouth for more mechanical chewing.
- 3) Use the mouthwash if prescribed as follows: Use nightly for 30 seconds to 1 minute and then expectorate. Do not eat or drink anything for 1 hour after you use the mouthwash.
- 4) Continue normal oral hygiene. You may brush your teeth as normal and may brush the implant or bone graft site gently.
- 5) Continue all medications as directed by your doctor.
- 6) Depending on your specific case, you may have a second appointment for placement of a healing abutment that will be placed on your implant prior to visiting your dentist. Ask Dr. Hamlin if you have specific questions.
- 7) Any increasing discomfort or swelling, contact our office immediately for an appointment.
- 8) Finish all antibiotics if prescribed, and for mild to moderate pain and swelling take 400 mg of Motrin/ibuprofen every six hours for 3-5 days unless you have an allergy to this medicine or are told by your physician to avoid this type of medication. If this is the case, your Doctor will discuss alternative therapy with you.

If you have any questions or concerns, we are always available to assist you at anytime!